

Friars Primary Foundation School

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<u>The NEST's Parent Workshop -</u> <u>Friends, Fights & Fixes: Guiding Through Child Dynamics</u>

When- Tuesday 30th September 2025 at 9.00am Where- Friars School (Performing Arts Studio) Who- Year 1 to 6 Parents

The NEST is holding a parent workshop on Tuesday 30th September. The Workshop is for parents with children in Years 1 to 6.

This session is aimed at Friends, Fights & Fixes: Guiding Through Child Dynamics.

This session explores how children form connections, and the role Parents and Carers can play in supporting these relationships. There will be an opportunity to discuss traits of healthy and unhealthy friendships.

Strategies will be discussed around when and how to intervene in children's conflict, so children can still build independence and resilience. The session will also highlight how conflict and change are natural parts of healthy growth and can provide valuable learning opportunies.

We look forward to seeing you there!

