



Friars Primary Foundation School
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30th January 2026

Dear Parent

Year 3 will be going swimming on Friday 27th February 2026 until February 2027. All children should have a swimming kit (trunks for boys, one-piece costume for girls), towel, swimming cap and a plastic or waterproof bag for wet costume and towel. Please do not send your child to school in their costume. It is unhygienic and they are then forgetting their towel and underwear. We will leave school at 9.50am and return before lunchtime.

It is important that your child participates, as swimming is a part of the National Curriculum. All children who are given this opportunity must take part, unless they have a medical reason confirmed by a doctor. Children are taught by a qualified ASA swimming coach at Elephant & Castle swimming pool.

We value swimming as a means of keeping fit and staying safe in water. It is a lifelong leisure activity. The school is aiming to have all children leaving with the ability to swim. It helps if children can be taken swimming at the weekends and during holiday time, although we do appreciate that this is not always possible for everyone. The National Curriculum swimming target for the end of primary school is a minimum of 25 metres.

If you have any concerns, please contact me.

Yours sincerely

Lucy Gethin-Jones
Year 3 Teacher

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Swimming Year 3 2026

Dear Lucy

I give permission for my child_____ to go swimming. []

My child has a medical problem Yes/No please state what if yes_____

Signed_____ Date_____